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METRO NEWS



Monthly News Bulletin

Rotary Club of Islamabad Metropolitan

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A Season of Service & Impact

Over the past few months, the Rotary Club of Islamabad Metropolitan (RCIM) has been actively engaged in meaningful initiatives that reflect our enduring commitment to "Service Above Self." We began with the 39th President's Installation Ceremony, marking a new chapter of leadership and vision. Our dedication to healthcare was highlighted through the Symposium on Integrated Approaches to Mother and Child Health, as well as free medical camps in Tarnol and flood-affected Buner, where RCIM delivered critical care to vulnerable communities.

In collaboration with partners, RCIM played a vital role in flood relief efforts, working alongside the Al-Khidmat Foundation and contributing to the RIPSAs/RISAO Flood Relief 2025 Task Force. Independence Day was celebrated with a spirit of patriotism and service, paired with environmental action through the Greener Future 2025 Plantation Drive.

Our journey of engagement also included a fireside chat on service and education with Admiral Asif Sandila, a memorable dinner with the RI President & TRF Trustee, and a visit by the Board of Directors to Tree School, reaffirming our long-term commitment to education and youth empowerment.

Together, these initiatives underline RCIM's mission to bring hope, healing, and progress to communities in need—while nurturing partnerships that create lasting impact.

Service & Impact



39TH PRESIDENT'S INSTALLATION CEREMONY OF RCIM



39TH PRESIDENT'S INSTALLATION CEREMONY OF RCIM

Dear Fellow Rotarians and Friends,

Dear RCIM Family, 39th President's Installation Ceremony of RCIM was held on Saturday June 28, 2025 at Marriott Hotel, (Ambassador Hall 1) Islamabad at 7 pm.

Governor Punjab Sardar Saleem Haider Khan was the Chief Guest. All members made the event a real success by participating with their friends and families. RCIM friends from other Rotary clubs also actively attended the event. The event was widely featured in News papers and TV Channels.



Nerally during the same dates on the other side of the world New RI President was elected.

NEW RI PRESIDENT 2025-26
FRANCESCO AREZZO
(FROM ITALY)





RCIM SYMPOSIUM ON INTEGRATED APPROACHES TO MOTHER AND CHILD HEALTH

UNITING MEDICAL EXPERTISE



The Rotary Club of Islamabad Metropolitan (RCIM) concluded a highly impactful fellowship meeting with a speaker, titled "Service in Action."

Dr Hana Mahmood is the Chief of Global Health in the International Research Force. A medical doctor by background she did her Masters in Health Informatics and then a PhD in Global Health from University of Edinburgh. She has around 10 years of experience in the field of public health in Pakistan. Her interdisciplinary expertise spans global health, food and nutrition, health informatics, and maternal and child health, with a focus on using technology-driven solutions to address pressing public health challenges.

She is a technical working group member for development of various strategies and policies in Pakistan for the ministry of health and ministry of planning. She is also a member of various multicounty research groups where she is also leading a couple of platforms for those countries. She has been leading projects working for WHO, UNICEF, World Bank, INGOs, academic institutions, etc. Her leadership in global health research has been recognized through numerous awards, including the Women of Wonder Award in 2021 and the NourishMaa Leaders Award in 2024. The former award was presented due to her contributions in COVID-19 where she led development of an artificial intelligence based tool for diagnosis of COVID-19 using chest Xrays. The latter on her contribution on maternal nutrition.

R CIM, who leveraged her decade of interdisciplinary expertise





RCIM FREE MEDICAL CAMP IN TARNOL

PRESIDENT REAR ADMIRAL (RETD.) SHAHID SAEED TOOK CHARGE



On 21 July 2025, the Rotary Club of Islamabad Metropolitan (RCIM) organized a free medical camp in Tarnol, Islamabad, Islamabad Capital Territory, Pakistan, extending essential healthcare services to underprivileged communities. The camp was supported by medical doctors from the City Administration Health Department, who volunteered their expertise to provide consultations and treatment.

Medicines, purchased through generous donations, were distributed free of cost to all patients. The camp witnessed a remarkable turnout, with a large number of people availing the medical services.

The initiative was successfully planned and executed under the leadership of Rtn. Tayyaba Gul, Polio Chair RCIM, whose efforts ensured smooth arrangements throughout the day. The event was also attended by the President of RCIM along with some BOD members, reflecting the club's strong commitment to community welfare.

R RCIM reflecting the club's strong commitment to community welfare.





CELEBRATION OF INDEPENDENCE DAY AND ENVIRONMENTAL SERVICE

"Service Above Self"

ROTARY CLUB OF ISLAMABAD METROPOLITAN'S SPLENDID PROGRAM AT AL-KHIDMAT FOUNDATION GIRLS SCHOOL

In a reflection of the nation's patriotism and generosity on the occasion of Pakistan's Independence Day, the Rotary Club of Islamabad Metropolitan (RCIM) held a dignified ceremony with the students and teachers of Al-Khidmat Foundation Girls School, Hasan Abdal.



This peaceful and joyous event was held on August 14, 2025, on the school premises, with the aim of not only celebrating the joys of Independence Day but also pledging a better and greener environment for future generations.

R CIM extends its heartfelt gratitude to the school administration and Al-Khidmat Foundation

The Rotary Club of Islamabad Metropolitan extends its heartfelt gratitude to the school administration and Al-Khidmat Foundation for this beautiful and purposeful collaboration. We are committed to continuing such services for public welfare and environmental protection.

Date: 14th August, 2025

Location: Al-Khidmat Foundation Girls School, Hasan Abdal, Punjab, Pakistan

Project Category: Environment

During the event, club members, school teachers, and talented students jointly launched a tree plantation campaign on the school grounds. This afforestation drive was not only perfectly aligned with Rotary's mission of greening the environment but also played a key role in raising awareness about environmental protection among the students. Every planted tree is a symbol of love, hope, and the promise of a better tomorrow.





GREENER FUTURE IN 2025 PLANTATION DRIVE

FJWU CAMPUS II AND ROTARY CLUB ISLAMABAD METROPOLITAN FORGE A GREENER FUTURE IN 2025 PLANTATION DRIVE



Fatima Jinnah Women University (FJWU) Campus II launched its 2025 Plantation Drive in a vibrant ceremony held in collaboration with the Rotary Club of Islamabad Metropolitan (RCIM).

R FJWU Campus II and Rotary Club Islamabad Metropolitan Forge a Greener Future in 2025 Plantation Drive



The initiative was bolstered by a generous donation of 200 diverse tree saplings from RCIM, which will significantly contribute to the greening of the Campus II landscape and provide a lasting, positive impact on the local environment.





A NOTE OF CONGRATULATIONS AND TRANSITION

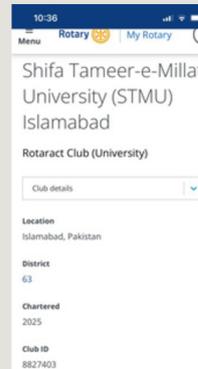


RRCIM has been awarded with Club Excellence Award for the year 2024-25 by Rotary International

The award is a testament to the unwavering dedication of our members, whose hard work, passion, and commitment to the motto "Service Above Self" have made a profound impact on our local and international communities. From successful service projects and fundraising initiatives to fostering a vibrant and inclusive membership, this recognition celebrates our collective efforts to create lasting change.

THE RCIM SATELLITE CLUB

It is with great pleasure that I acknowledge the RCIM Board's official approval of Dr. Muhammad Saleem as the Chairman of the RCIM Satellite Club for the Rotary year 2025-26.



New Rotaract Club Advisors Appointed

a significant milestone for our club. We have been honoured with the establishment of two new Rotaract Clubs under our guidance, a testament to our ongoing commitment to fostering youth leadership and service.

This achievement builds upon our club's historic legacy of innovation, as we were the first to charter a Satellite Club in our district. The success of this new endeavor is due in large part to the exceptional dedication and persuasive efforts of our Immediate Past President, Mr. Shabbir Malik.

In recognition of his pivotal role and continued commitment, Mr. Shabbir Malik has been appointed as the Advisor to the Rotaract Club of Islamabad Metropolitan City.

Furthermore, we are delighted to announce that Ms. Farkhanda Andrabi has been appointed as the Advisor to the Rotaract Club of Shifa Tameer-e-Millat University.

Please join us in congratulating both Mr. Malik and Ms. Andrabi on their new roles. We are confident that their mentorship and leadership will greatly inspire the newest generation of Rotaractors and guide these clubs toward a future of





DINNER WITH RI PRESIDENT & TRF TRUSTEE

Tuesday, 19th August 2025



RCIM IN WITH YOUTH CATALYST PAKISTAN, THE NATIONAL POLIOPLUS COMMITTEE, AND RCRR, ORGANIZED A SERIES OF COMPREHENSIVE HEALTH CAMPS



It is with immense pride and joy that we reflect upon the truly historic and memorable evening of Tuesday, 19th August 2025. District 63 (formerly District 3272), under the dynamic leadership of RIPSA PDG Pubudu and her dedicated TEAM D63, had the distinct honor of hosting a grand reception for our esteemed world leaders: Rotary International President Francesco Arezzo and The Rotary Foundation Trustee Chair Holger Knaack.

Magnificent gathering of our cherished Rotary family.

The event, held at the prestigious Marriott Hotel in Islamabad, was a magnificent gathering of our cherished Rotary family. The evening was a vibrant celebration of our unity, service, and shared commitment to the ideals of Rotary.

HOLGER KNAACK
TRUSTEE CHAIR,
THE ROTARY
FOUNDATION



FRANCESCO AREZZO
ROTARY
INTERNATIONAL
PRESIDENT



The atmosphere was electric as members from across the district came together as "One Team," embodying our theme to "Unite for Good." The presence of our international leaders served as a powerful inspiration, reinforcing our collective resolve to continue our efforts in rebuilding our district to the pinnacle of success it so richly deserves.





DELIVER CRITICAL HEALTHCARE IN FLOOD-AFFECTED BUNER

RCIM IN WITH YOUTH CATALYST PAKISTAN, THE NATIONAL POLIOPUS COMMITTEE, AND RCRR, ORGANIZED A SERIES OF COMPREHENSIVE HEALTH CAMPS

In a powerful demonstration of service above self, Rotary Club Islamabad Metropolitan, in collaboration with Youth Catalyst Pakistan, the National PolioPlus Committee, and Rotary Club Islamabad Renaissance, organized a series of comprehensive health camps in the severely flood-affected District Buner from August 21st to 24th, 2025.

R RCIM Partnered to Deliver Critical Healthcare in Flood- Affected Buner

The initiative targeted the most vulnerable populations in the region, with camps established in the key locations of Malik Pur, Qadar Nagar (Mizamoo Village), and Qadar Nagar (Nizammo Tanzroo Village). Through strategic planning and extensive outreach, the effort successfully covered over 80% of the most severely impacted zones.



The services rendered were a testament to Rotary's enduring commitment to improving health and wellbeing in communities facing adversity.



This collaborative effort underscored the power of partnership in driving positive change and providing hope to communities in crisis.





RCIM & AL-KHIDMAT FOUNDATION UNITE FOR FLOOD-AFFECTED COMMUNITIES

ROTARY CLUB AND AL-KHIDMAT FOUNDATION UNITE FOR FLOOD-AFFECTED COMMUNITIES

Islamabad, August 21, 2025 - A simple ceremony was held at the Al-Khidmat Foundation's Islamabad office, where a Memorandum of Understanding (MoU) was signed between Al-Khidmat Foundation and Rotary Club Islamabad Metropolitan (RCIM). The agreement aims to jointly promote relief activities particularly flood-affected areas.

Rotary Club's Generous Donation Boosts Flood Relief Efforts with Al-Khidmat Foundation

During the event, Rotary Club donated 20 water cubes and PKR 355,000 to Al-Khidmat Foundation, which will be utilized for the aid and rehabilitation of flood victims.



Speaking on the occasion, President of Rotary Club Islamabad Metropolitan, Rear Admiral (Retd.) Shahid Saeed, stated, "Rotary Club has always been at the forefront of humanitarian service. This donation is a significant and practical step toward the rehabilitation of flood victims."



FOR CONTACT:
AL-KHIDMAT FOUNDATION ISLAMABAD
ROTARY CLUB ISLAMABAD METROPOLITAN



President of Al-Khidmat Foundation Islamabad, Muhammad Altaf Sher appreciated Rotary Club's support, saying, "This collaboration is commendable and will greatly assist in alleviating the hardships of flood-affected individuals. The partnership between Al-Khidmat Foundation and Rotary Club will further strengthen welfare initiatives."



This collaboration reflects the commitment of both organizations to continue working together for the service of the needy and the betterment of society.





ANNOUNCING THE RIPSA/RISAO FLOOD RELIEF 2025 TASK FORCE

A Coordinated Rotary Response to the 2025 Floods

In response to the ongoing flood crisis, RIPSA, in consultation with RISAO, has officially constituted the Flood Relief 2025 Task Force.

Our mission is to create a powerful, unified, and highly visible Rotary response to support the communities in the affected areas. The situation on the ground is dynamic, and this task force will ensure our efforts are strategic, coordinated, and make a maximum impact where it is needed most.

This is a team effort. The Task Force is actively coordinating with Rotarians and volunteers already in the field. To ensure our resources are deployed effectively, we are calling on all members for support.

- Do you have new information from the affected areas?
- Are you aware of specific, unmet needs for supplies or volunteers?
- Can you or your club contribute to the relief efforts?

R CIM Need Your Support to Succeed!

Your firsthand knowledge is critical to our success. Please reach out to the Task Force to share information or offer assistance. Let's work together to deliver hope, lessen suffering, and ensure Rotary's service is both felt and seen.





RCIM PROVIDES VITAL SUPPORT TO FLOOD AFFECTED COMMUNITIES



R CIM's commitment to sustainable disaster relief.

In collaboration with local volunteers and non-governmental organizations, RCIM is prioritizing the most vulnerable populations, delivering not only essential hydration but also a renewed sense of hope and stability. This initiative underscores RCIM's commitment to sustainable disaster relief, offering a scalable solution to address immediate needs while fostering resilience among communities rebuilding in the aftermath of this crisis.

The Rural Community Initiative Movement (RCIM) has launched a critical relief effort to support communities devastated by recent flooding, distributing innovative water cubes to ensure access to safe drinking water for affected families. These portable, containers, engineered to store liters of purified water, are both lightweight and robust, enabling efficient delivery to remote and heavily impacted areas where water infrastructure has been severely compromised.





A FIRESIDE CHAT ON SERVICE & EDUCATION WITH ADMIRAL ASIF SANDILA



A Successful First Regular Meeting of the Month

Dear Members, everyone who joined us for our first regular meeting of the month on September 8th at the Marriott Hotel, Islamabad. It was an inspiring and insightful evening that perfectly aligned with Rotary's monthly theme of Education and Literacy.

We were profoundly honored to host Admiral Asif Sandila (Retd.), former Navy Chief and Chairman of the Moawin Foundation, as our distinguished guest speaker. Admiral Sandila shared captivating stories from his illustrious career in the Navy and his seamless transition into a new mission of service through the Moawin Foundation.

Admiral Asif Sandila (Retd.), former Navy Chief and Chairman of the Moawin Foundation, as our distinguished guest speaker.



A special thank you to all members whose participation and contributions made this event a resounding success. Your commitment is what drives our club forward.

His talk provided a deep dive into how the Foundation has rapidly become a leading force in welfare, with a special focus on transforming lives through education. His vision and dedication offered valuable lessons and powerful motivation for our own service projects.

The engaging discussion that followed underscored the critical importance of education and literacy in nation-building, leaving all attendees with a renewed sense of purpose.





TREE SCHOOL VISIT WAS VISITED IN AUGUST BY THE BOD MEMBERS

September Basic Education & Literacy Month

The Tree School continues to be a significant initiative, primarily supported by Malik Ashraf Sahib and the members of RCIM.

“Today I along with Malik Sahib, Majid Sahib , Hira, Adil and Raja Shabbir visited the school. The infrastructure is gradually improving. Lately flooring and boundary wall has been completed. One of the major challenge is to improve the standard of education and equip the students with good values and healthy habits. ”, said the newly appointed President Rear Admiral (Retd.) Shahid Saeed



As part of our upcoming visit to the Tree School in October 2025, we are excited to host lively debates and a knowledge competition to inspire young minds. The day will also feature a hands-on workshop promoting environmental awareness and good hygiene practices—empowering students with knowledge and skills for a healthier, greener future.





ROTARY CLUB DELIVERS CRITICAL MATERNAL & CHILD HEALTHCARE IN FLOOD-HIT BUNER

A Lifeline in a Cube: Our Emergency Response in Action

In response to the devastating floods across Pakistan, the Rotary Club of Islamabad Metropolitan (RCIM) swiftly established an emergency medical camp to serve affected communities. Our mission was clear: provide critical aid and combat the threat of waterborne diseases.

The centerpiece of our relief effort was the distribution of LifeSaver Water Cubes—innovative, portable filtration units that instantly turn contaminated water into safe, drinkable water. Each cube provides a family with a reliable source of clean water, protecting them from cholera, typhoid, and other deadly illnesses.



The Rotary Club of Islamabad Metropolitan successfully conducted a two-day medical camp on September 7th & 8th in the flood-affected region of Buner, KP, focusing on Mother and Child Health. Our team provided essential OPD services to 185 women and children, with a significant focus on antenatal care, including 89 ultrasounds for expectant mothers. The camp treated prevalent flood-related health issues, notably Urinary Tract Infections (60%) and eye infections (20%), and provided clothes to 100 vulnerable families. This targeted initiative underscores our commitment to addressing the urgent and specific health needs of communities in crisis..



At the camp, our dedicated volunteers:

- Identified the most vulnerable and deserving families.
- Distributed hundreds of LifeSaver cubes.
- Trained recipients on how to use the devices effectively.

This initiative provided more than just hydration; it provided dignity, safety, and a foundation for recovery for those who have lost everything. The gratitude from the community was a powerful reminder of why we serve.

Thank you to every member and donor who made this possible. Your support turns our collective compassion into life-changing action.





Rotary Club
of
Islamabad Metropolitan

“WHATEVER ROTARY MAY MEAN TO US, TO
THE WORLD IT WILL BE KNOWN BY THE
RESULTS IT ACHIEVES.” – PAUL HARRIS,
ROTARY FOUNDER

THANK
YOU

